



## CHILD HEALTH CLINICS SCHEDULE

### HEARTLAND HEALTH REGION

TOWN OR VILLAGE	CHILD HEALTH WELLNESS CLINICS (PLACE OF CLINIC)	DAYS	TIMES	FOR APPOINTMENT CALL
Beechy	Beechy Health Care Centre	1st Tuesday every month	10:30 - 12:00 p.m. 1:00 - 2:30 p.m.	Beechy Health Centre 859-2118
Biggar	Biggar Public Health Office	1 <sup>st</sup> , 3 <sup>rd</sup> & 4 <sup>th</sup> Tuesday every month	8:30 - 12 Noon 1:00 - 3:30 p.m.	Biggar Public Health Office 948-3323 Ext. 2730
Davidson	Community Health Services	2nd & 4th Wednesday	8:45 - 12:00 p.m. 1:00 - 3:30 p.m.	Davidson Public Health Nurse 567-2305
Dinsmore	Dinsmore Health Care Centre	4th Wednesday	9:30 - 12:00 noon 1:00 - 3:15 p.m.	Dinsmore Health Centre 846-2222
Eatonia	Eatonia Health Centre	1 <sup>st</sup> or 2 <sup>nd</sup> Thursday	10:00 - 12:00 p.m. 1:00 - 2:30 p.m.	Eatonia Health Centre 967-2591
Eston	Eston Health Centre	2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday	10:00 - 12:00 noon 1:00 - 2:30 p.m.	Zelly Boyce, PHN 463-1000 Ext. 277
Elrose	Elrose Golden Years Lodge	3rd Wednesday	Starting at 10:00 a.m.	Elrose Golden Years Lodge 378-2355 Ext. 1
Kerrobert	Kerrobert Public Health	1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> Tuesday every month	9:30 - 12:00 Noon 1:00 - 2:30 p.m.	Kerrobert Public Health 834-2646 Ext. 251
Kindersley	Kindersley Public Health	Every Wednesday & Thursday each week	8:45 - 12:00 Noon 1:00 - 4:00 p.m.	Public Health 463-1000 Ext. 0
Kyle	Kyle District Health Centre	1st Wednesday & occasional 4 <sup>th</sup> Wednesday	Starting at 10:00 a.m.	Kyle Health Centre 375-2251 Ext. 0
Lucky Lake	Lucky Lake Health Centre	2 <sup>nd</sup> Tuesday every month	10:00 - 12 Noon 1:00 - 2:30 p.m.	Lucky Lake Health Centre 858-2123
Macklin	St. Joseph's Health Centre	Thursdays (as schedule permits)	9:15 a.m. - 12:00 noon 1:00 - 3:15 p.m.	Tanis Reschny 228-2666 ext. 268
Outlook	Community Health Services	1st, 2nd & 3rd Tuesday  4th Tuesday	8:45 - 12 Noon 1:00 - 3:15 p.m.  9:30 - 2:30	Public Health 867-8676
Perdue	Perdue Community Centre	3 <sup>rd</sup> Wednesday	9:30 - 12 Noon 12:30 - 3:00	Biggar Public Health Office 948-3323 Ext. 2730
Rosetown	Community Health Services	Thursday (with added clinics when needed)	8:15 - 11:30 a.m. 1:00 - 2:45 p.m.	Public Health 882-2672 Ext. 3, Option 3
Unity	Unity Health Centre	Wednesdays (as schedule permits)	8:45 - 12:00 noon 1:00 - 3:45 p.m.	Nola Sperle 228-2666 ext. 267
Wilkie	Wilke Health Centre	1 <sup>st</sup> and 3 <sup>rd</sup> Tuesday	9:30 - 12:00 Noon 1:00 - 3:15 p.m.	Kathy Johnson 228-2666 Ext. 266

## Child Health Clinic Services

These charts outline the ages that various services are offered and are considered to be the routine immunization schedule for infants and children.

Immunization schedules and vaccines may be adjusted to client's immunization history.

Age at vaccination	DaPT- Polio	Hib	Pneumo- coccal	Rotovirus	MMR	Varicella	Meningo- coccal	Hep B	HPV	Tdap
2 months	X	X	X	X						
4 months	X	X	X	X						
6 months	X	X								
12 months			X		X	X	X			
18 months	X	X			X	X				
4-6 years	X									
Grade 6						Or X	X	X	X	
Grade 8 14 - 16 years					Or X					X

DaPT - Diphtheria, acellular Pertussis and Tetanus Vaccine

Hib - Haemophilus b conjugate vaccine

MMR - Mumps, Measles and Rubella vaccine

Tdap - Tetanus, Diphtheria, acellular Pertussis

Hep B - Hepatitis B

HPV - Human Papillomavirus - for Females only

Meningococcal vaccine in Grade 6 is ACYW135 and at 12 months is C only

Varicella - Chicken Pox Vaccine

For more information call your local Public Health Nurse at:  
**Davidson** Community Health Services - 567-2305  
**Rosetown** Community Health Services - 882-2672 Ext. 3, Option 3  
**Outlook** Community Health Services - 867-8676  
**Kindersley** Community Health Services - 463-1000  
**Kerrobert** Community Health Services - 834-2646 Ext. 251  
**Unity** Community Health Services - 228-2666  
**Biggar** Community Health Services - 948-3323

